

# CAPITOL HILL FORUM ON **GULF WAR ILLNESS**



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**GULF WAR ILLNESS**



# Welcome & Introductory Comments

**Anthony Hardie**

*National Chair & Director*  
Veterans for Common Sense



# CAPITOL HILL FORUM ON GULF WAR ILLNESS



## Co-Hosted by:





CAPITOL HILL FORUM ON  
**GULF WAR ILLNESS**



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# Lea Steele, PhD

*Professor, Beth K. and Stuart C. Yudofsky Chair in Behavioral Neuroscience*  
Baylor College of Medicine

*Former Scientific Director*  
Research Advisory Committee on Gulf War Veterans' Illnesses (RAC-GWVI)  
U.S. Department of Veterans Affairs

*Author of the Kansas Case Definition of Gulf War Illness*

# Long-term Effects of Military Service in the 1990-1991 Gulf War

## Gulf War illness: Overview and Research Update

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Lea Steele, PhD  
Baylor College of Medicine





# Gulf War Illness

## Overview

- Background: the 1990-1991 Gulf War
- Big Picture Questions: Gulf War Illness
  - *What is it?*
  - *What caused it?*
  - *Who is affected?*
- Scientific advances in GWI research

# 1990-1991 Gulf War: Operations Desert Shield/Desert Storm



Aug 2, 1990 - Iraq invaded Kuwait

Jan 16, 1991 - Air strikes began

Feb 24, 1991 - Ground combat began

Feb 28, 1991 - Cease fire declared

- 
- 697,000 U.S. troops
  - 37 countries in Allied Coalition
  - Brief combat period; decisive victory
  - 6 weeks air strikes, 4 day ground war



1991: Returning Veterans Report a Range of Difficult Symptoms,  
Not Explained by Any Known Diagnoses

“Gulf War Syndrome”: Widespread reports of unexplained, persistent health problems

- *Chronic headaches*
- *Widespread pain*
- *Memory and concentration problems*
- *Persistent, unexplained fatigue*
- *Chronic diarrhea*
- *Difficulty breathing, respiratory problems*
- *Unusual skin rashes*
- *Other unexplained problems*

*Now referred to as Gulf War Illness; consistent complex of chronic symptoms  
that still affect Gulf War veterans, 30 years after the war.*

## How is Gulf War illness Defined?

### 2 Case Definitions Recommended by National Academy of Sciences (IOM, 2014)

–CDC-defined Chronic Multisymptom Illness (Fukuda et al, 1998)

–Kansas Study-defined Gulf War illness (Steele, 2000)

#### PAIN SYMPTOMS

Joint Pain  
Muscle Pain

#### NEUROLOGICAL SYMPTOMS

Memory Problems  
Headaches  
Dizziness  
Mood Changes

#### FATIGUE SYMPTOMS

Persistent Fatigue  
Sleep Problems

#### GASTROINTESTINAL SYMPTOMS

Diarrhea  
Nausea

#### RESPIRATORY SYMPTOMS

Persistent Cough  
Wheezing

#### SKIN PROBLEMS

Rashes  
Other Abnormalities

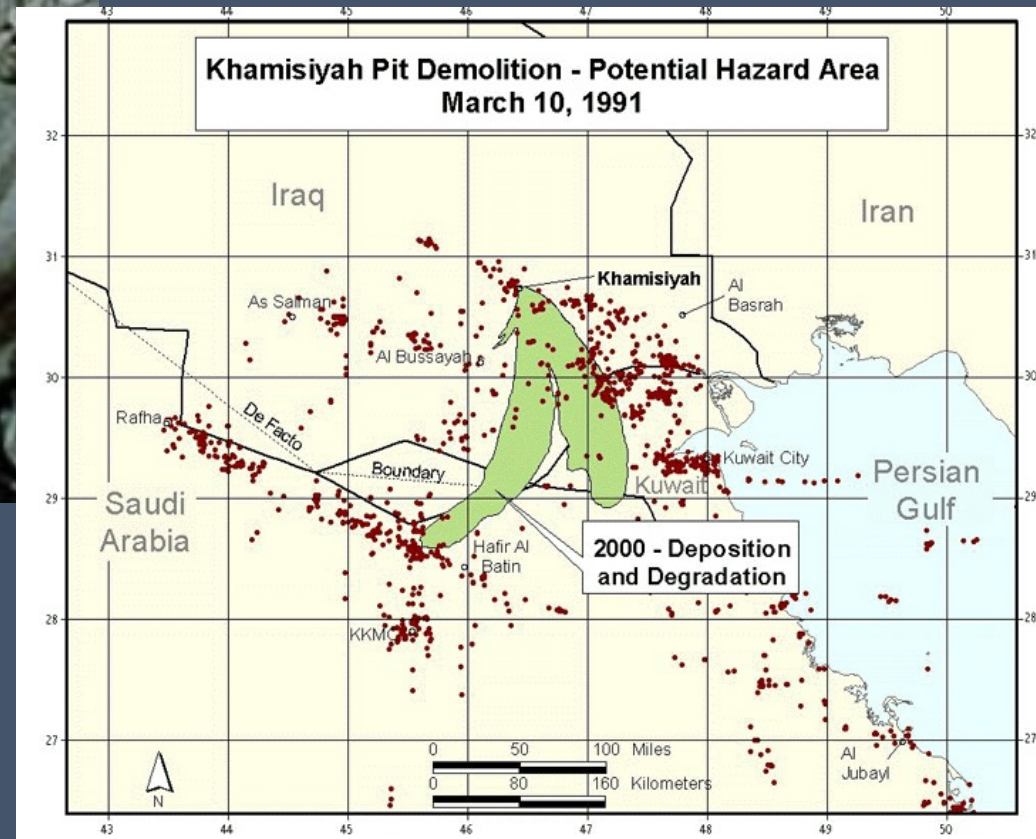


## 30 Years After Desert Storm: What Have We Learned About Gulf War Illness?

- GWI affects about one third of 697,000 U.S. veterans who served in the 1991 Gulf War
- Highest rates in enlisted personnel (vs. officers), ground troops (Army, Marines)
- Few veterans with GWI have recovered over time
- Studies have identified multiple brain, immune, and other biological differences in veterans with GWI; detailed insights from animal studies
- Studies consistently show that GWI is not due to combat stress or any psych disorder
- Cause of GWI: Consistent findings from multiple large veteran studies, animal studies point to a group of neurotoxicant exposures during Gulf War deployment
- Most consistently identified: high levels of pesticide use, anti-nerve gas pills (PB),  
low-level chemical weapons not ruled out

## Chemical Weapons

- Multiple chemical alarms, reported incidents during the 1990-1991 Gulf War.
- Best documented: Demolition of large Iraqi weapons depot near Khamisiyah Iraq; DOD models indicate > 100,000 U.S. troops potentially exposed to sarin, cyclosarin





***PB: Pyridostigmine Bromide or NAPP pills (anti-nerve gas pills)***

***Required use directed by unit command (3x/day) as protective measure against effects of nerve agents. Widely used (~50% of troops) only in the 1990-91 Gulf War.***



# Heavy, extended use of multiple pesticides, insect repellants

**Table 2. Pesticides and Insect Repellants Identified as Pesticides of Potential Concern by the Deployment Health Support Directorate**

Compound	Use	Chemical Class	Purpose	Application
<u>Pesticides and Repellants Used by the General Military Population</u>				
DEET, 33% cream, stick	Personal use repellent	Dialkylamide	Repel flies and mosquitoes	By hand to skin
DEET, 75% liquid	Personal use repellent	Dialkylamide	Repel flies and mosquitoes	By hand to skin, uniform, netting
Permethrin, 0.5% spray	Personal use repellent	Pyrethroid	Repel flies and mosquitoes	Sprayed on uniforms
d-Phenothrin, 0.2% aerosol	Area use repellent	Pyrethroid	Knock down, kill flies and mosquitoes	Sprayed in tents, other enclosed areas
Methomyl 1% crystals	Fly bait	Carbamate	Attract and kill flies	Plac latrine
Azamethiphos, 1% crystals	Fly bait	Organophosphate	Attract and kill flies	Plac latrine
Dichlorvos, 20% pest strip	Pest strip	Organophosphate	Attract and kill mosquitoes	Hun area

Pesticides Used by Pesticide Applicators

Chlorpyrifos, 45% liquid	Sprayed liquid	Organophosphate	Kill flies, mosquitoes, flying insects	Sprayed
	Sprayed liquid	Organophosphate	Kill flies, mosquitoes, flying insects	Sprayed
	Sprayed liquid	Organophosphate	Kill flies, mosquitoes, flying insects	Sprayed
	Sprayed liquid	Carbamate	Kill flies, mosquitoes, flying insects	Sprayed
	Sprayed liquid	Carbamate	Kill flies, mosquitoes, flying insects	Sprayed
	Sprayed liquid	Organophosphate	Kill flies, mosquitoes	Larg
	Sprayed liquid	Organophosphate	Kill flies, mosquitoes	Larg

louser Organochlorine Kill lice, other insects Dust also

## ental Exposure Report

### Pesticides

re reports of what we know today about certain events of the 1990-1991 Gulf War. re report focuses on the use of pesticides by US military personnel and the resulting oal is, to the extent possible, to determine if the pesticides used during the Gulf War eported by some Gulf War veterans. This is an interim, not a final, report. We hope with any information that would help us better understand the events reported here. port more accurately on the events surrounding pesticide use and exposures. Please nformation by calling:

**1-800-497-6261**

Dale A. Vesser  
pecial Assistant for Gulf War Illnesses, Medical Readiness, and Military Deployment  
Department of Defense

2001023-0000014  
Ver 1.1

posure Report: Pesticides (2003)<sup>1632</sup>

## Pesticide Use During the Gulf War

### A SURVEY OF GULF WAR VETERANS

Ronald D. Fricker, Jr.  
Elaine Reardon  
Dalia M. Speltzer  
Sarah K. Connor  
Jennifer Harvets-Darvian  
Jennifer E. Pace  
and  
Susan D. Husk

Medical Orders Research Institute

RAND

## Advances in Gulf War Illness Research: Bottom Line

- *Gulf War Illness is a serious, debilitating medical condition. Most prominent risk factors are neurotoxicant exposures during 1991 Gulf War deployment*
- *Hundreds of thousands of Gulf War veterans affected; few have recovered*
- *Significant advances have improved understanding of the causes and biological processes that underlie the symptoms of GWI*
- *Urgent need remains for effective treatments; many veterans ill for 30 years!*
- *Focus on treatment research has yielded a rapid growth in new studies; results beginning to emerge*



*Thank you*

*Lea.Steele@bcm.edu*



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# James O'Callaghan, PhD

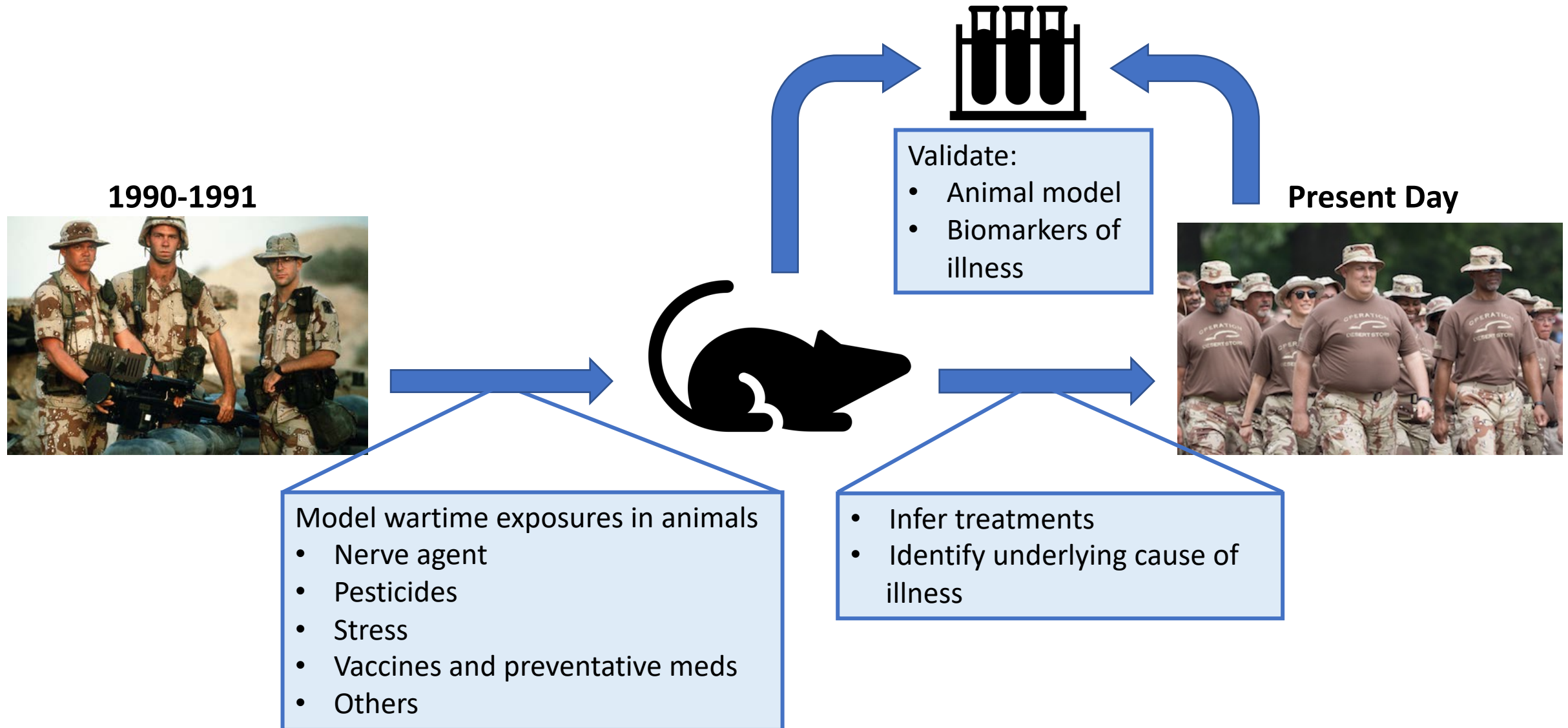
Lab Chief, Molecular Neurotoxicology Laboratory  
Health Effects Laboratory Division  
U.S. Centers for Disease Control and Prevention-NIOSH

# WHY ANIMAL MODELS OF GWI?

- 1. Direct examination of the brain tissue is a key advantage**
- 2. Persistent molecular (molecules), cellular (specific brain cell types) and functional effects (e.g. behavior) associated with individual and combined exposures/conditions encountered in the Gulf War can be evaluated**
- 3. Specific hypotheses can be tested**
- 4. Therapeutic interventions can be evaluated**



# STUDYING GWI: HUMAN TO ANIMAL TO HUMAN



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# Kimberly Sullivan, PhD

*Research Associate Professor, Department of Environmental Health  
Boston University School of Public Health*

*Director, Boston Biorepository, Recruitment, and Integrative Network (BBRAIN)  
for GWI*

*Former Associate Scientific Director, Research Advisory Committee on Gulf War  
Veterans' Illnesses (RAC-GWVI), U.S. Department of Veterans Affairs*



- 16 collaborators from 9 study sites including US and Australia
- Designed to bring preclinical (cell and animal) and clinical (human) researchers together to speed development of understanding **pathobiology** of Gulf War Illness (GWI), identify **diagnostic markers** of GWI and to develop **treatments**.
- Our focus - study brain-immune pathways and chronic release of chemical messengers and excitatory neurotransmitters from immune cells of the brain that lead to chronic inflammation. These messengers include cytokines and glutamate.





## Boston GWI Consortium affiliated studies



### Timeline

2013  
**CDMRP #**  
**GW120037**  
GWI  
Consortium

2014  
**CDMRP #**  
**GW130100**  
PET imaging of  
neuroinflammation  
in GWI

**CDMRP #**  
**GW130045**  
Lipid markers of  
neuroinflammation

2015  
**CDMRP #**  
**GW140140**  
CNS  
autoantibody  
in GWI

**CDMRP #**  
**GW140086**  
GW hiPSC  
Stem cell  
study

2016  
**CDMRP #**  
**GW150116**  
GW women's  
health study

PON1  
**CDMRP #**  
**GW150037**  
biomarker  
study

2017  
**CDMRP #**  
**GW160053**  
BChE  
biomarkers  
of GWI

**CDMRP #**  
**GW160096**  
Epigenetic  
studies  
Of GWI

**CDMRP #**  
**GW160151**  
Tau markers  
in GWI

**CDMRP #**  
**GW160032**  
Machine  
learning in  
GWI

2018  
**CDMRP #**  
**GW170068**  
Gut microbiome  
study

**CDMRP #**  
**GW170055**  
BBRAIN

**CDMRP #**  
**GW170044**  
GWICTIC

**CDMRP #**  
**GW170103**  
CNS autoantibody  
screening in GWI

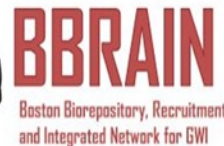
**NIEHS #**  
**1808884709R001**  
HMGB1 in GWI

2019  
**CDMRP #**  
**GW180150**  
Mitochondrial  
Functioning in GWI

**CDMRP #**  
**GW180099**  
GW White matter  
brain imaging  
study

**CDMRP #**  
**GW180103**  
PET imaging of  
microglia and  
astrocytes

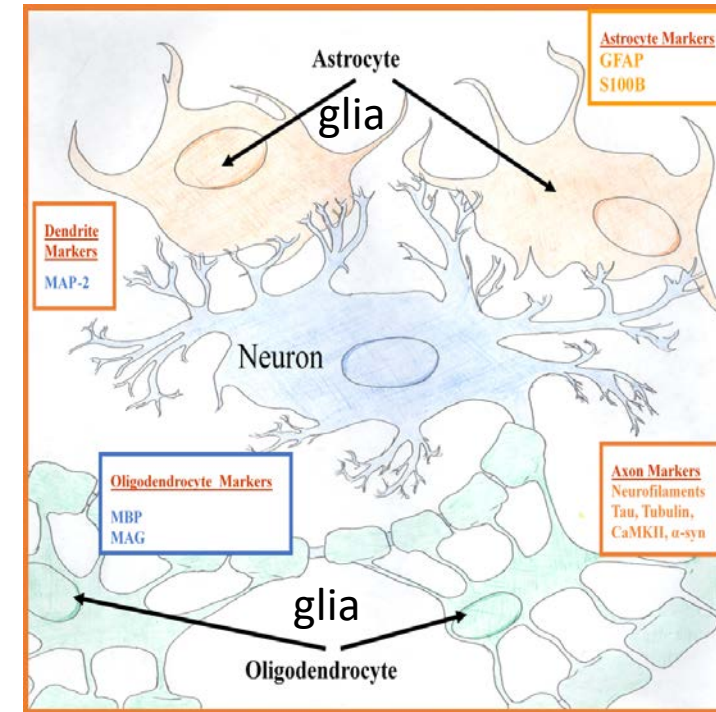
**CDMRP #**  
**GW180121**  
CNS  
autoantibodies and  
brain imaging  
outcomes



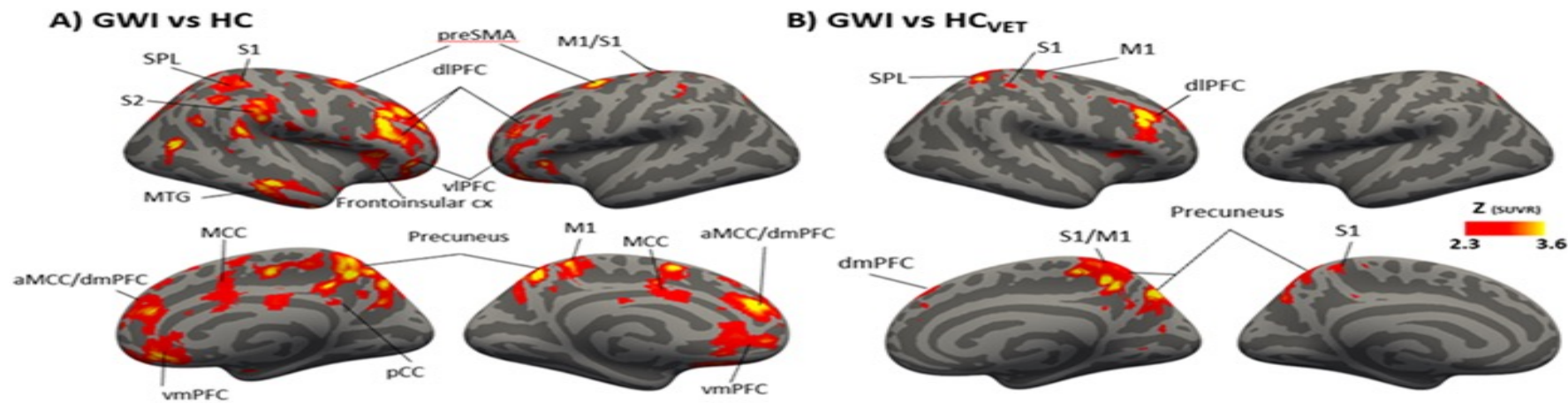
<https://sites.bu.edu/gwic>  
<https://sites.bu.edu/bbrain>

# Key Biomarker Research Accomplishments

- PET imaging of chronic inflammation in GWI
- Blood markers of chronic inflammation, excitatory neurotransmitter glutamate and CNS autoantibodies
- Machine learning brain imaging studies
- Human induced pluripotent Stem Cells for studying brain cell changes



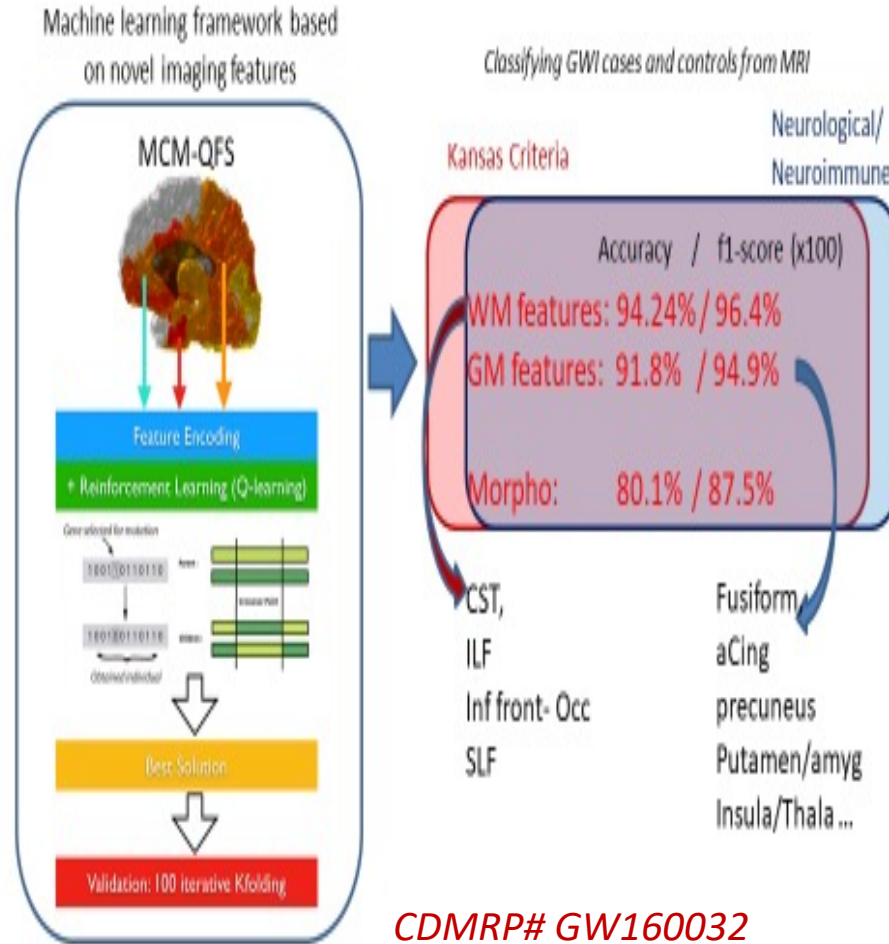
Abou-Donia et al., *Brain Sciences* 2020



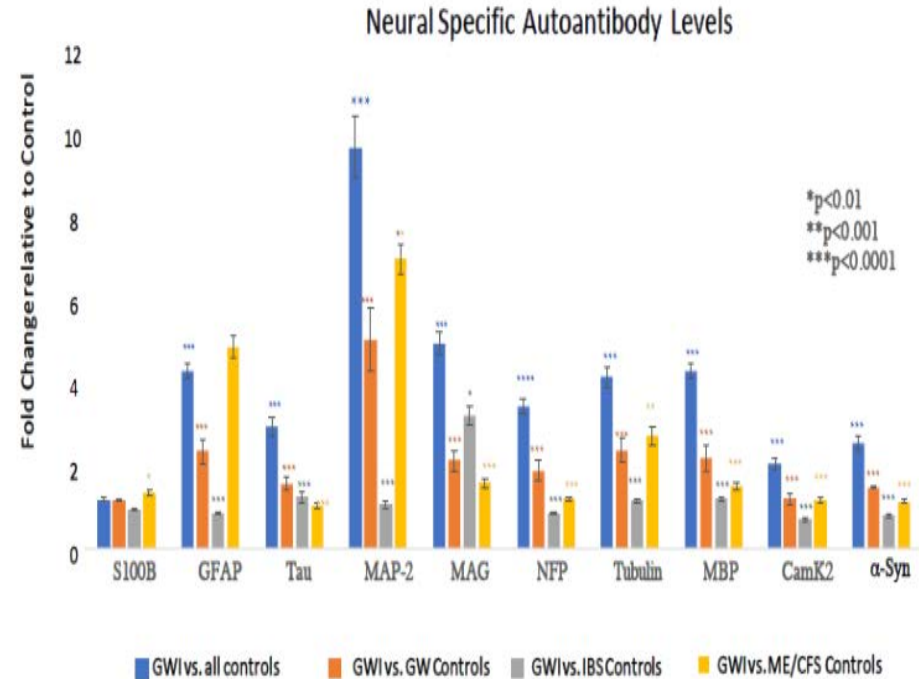
Alshelh et al., *Brain, Behavior and Immunity* 2020

# A diagnostic test for GWI?

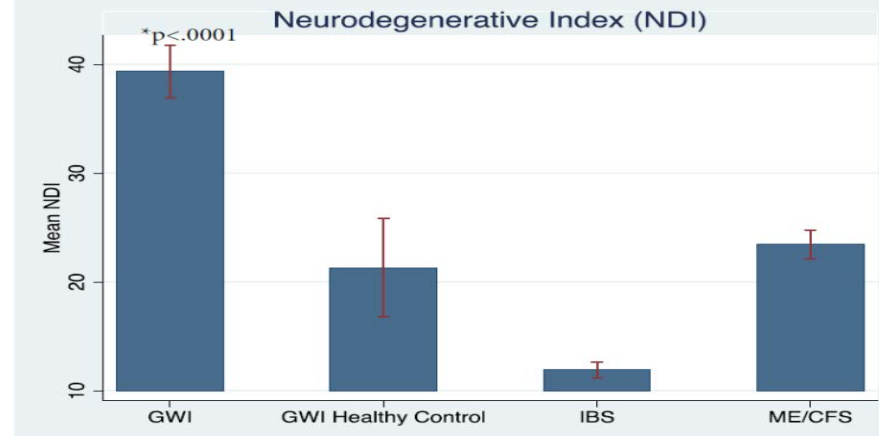
*"Can MRI markers from GWIC predict Kansas criteria?"*



Guan et al., *Brain Sciences* 2020  
Abou-Donia et al., *Brain Sciences* 2020; 2021



90% GWI cases score above 30 on AA Index Score  
CDMRP# GW140140







**BBRAIN**

Boston Biorepository, Recruitment  
and Innovative Network

CDMRP #GW170055

## Boston Biorepository, Recruitment and Integrative Network (BBRAIN) for GWI

- **Building Scientific Collaborations in GWI Research Community**
- Due to the highly successful GWIC research collaborations, the next step was to increase this highly valuable resource by replenishing GWIC samples and by increasing the diagnostic and treatment capability by including investigators from 8 additional study sites in addition to the current GWIC sites
- BBRAIN includes investigators from 10 study sites around the country so far..
- Additional researchers are applying for funds to share more samples with BBRAIN in the coming years





# BBRAIN

Boston Biorepository, Recruitment  
and Integrated Network for GWI

## BBRAIN: a repository for GWI investigators

Veterans of the 1991 Gulf War continue to experience chronic symptoms including fatigue, memory and concentration problems, muscle and joint pain, headaches and gastrointestinal problems known as Gulf War Illness (GWI). Preliminary evidence shows that GWI is related to immune dysfunction, neuroinflammation, cognitive decrements, CNS autoantibodies, lipidomics/ proteomics, axonal transport/ microtubule stability, mitochondrial function and oxidative stress, gut microbiome and genetic/genomic/epigenetic susceptibility.

BBRAIN is designed to act as a retrospective and prospective biorepository for GWI through a collaboration of investigators at our resource sites (Boston University School of Public Health, the Bronx VA, the San Francisco VA, and the Miami VA). We are collecting blood, plasma, serum, saliva, stool, and urine samples from 500 Gulf War veterans as well as demographic surveys and cognitive test data. We will combine demographic, health, and exposure data with cognitive test outcomes and brain imaging data (MRI, DTI, fMRI, PET imaging) from 10 collaborating institutions into a centralized catalog available for data mining and sharing. We will also be including de-identified previously collected survey, clinical, and preclinical data compiled from the 10 participating GWI investigators to be made available to the BBRAIN repository.

## BBRAIN Inventory

### Biological Samples

- Whole blood
- Stem cells
- CSF
- Saliva
- DNA
- Plasma
- Serum
- Fecal samples
- Urine
- PBMC
- Buffy coat

### Clinical Data

- Fitbit measures (heart rate, sleep, exercise)
- Cognitive tests (executive functioning; attention, vigilance, and tracking; motor function; visuospatial function; memory; motivation; mood; general intellectual abilities)
- Brain imaging (PET, MRI, DTI, fMRI)

## Data Sharing

Requests to access data in our repository can be made through our website:  
[sites.bu.edu/bbrain](https://sites.bu.edu/bbrain)

## Contact Us

**Principal Investigator:**  
Kimberly Sullivan, PhD  
[ttt@bu.edu](mailto:ttt@bu.edu)  
617-358-2598



**BBRAIN**

Boston Biorepository, Recruitment  
and Innovative Network

# Future Directions

*CDMRP # GW170055*

- Validate blood and brain imaging diagnostic Biomarkers of GWI
- Identify objective biomarkers of GWI with tau proteins, glutamate and cytokine markers
- Focus on these markers for current and planned targeted treatment trials including:
  - HDAC6 inhibitors, tubacin, Phosphatidylserine
  - Low glutamate diet
  - Metformin
  - Bacopa
  - N-acetyl cysteine (NAC)



*CDMRP # GW170044*





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# Peter W. Baas, PhD

*Professor, Department of Neurobiology and Anatomy  
&*

*Director, Graduate Program in Neuroscience  
Drexel University College of Medicine*

*Senior Editor, Cytoskeleton*

**Studies: Gulf War Illness linked to damage to veterans' cells**



# A Cellular Approach to Understanding and Treating Gulf War Illness

**Peter W. Baas**

**Drexel University**

(with many collaborations, including Liang Qiang and Kim Sullivan)

Central Nervous System symptoms

- Headaches
- Memory problems
- Fatigue
- Sleep problems

Early work

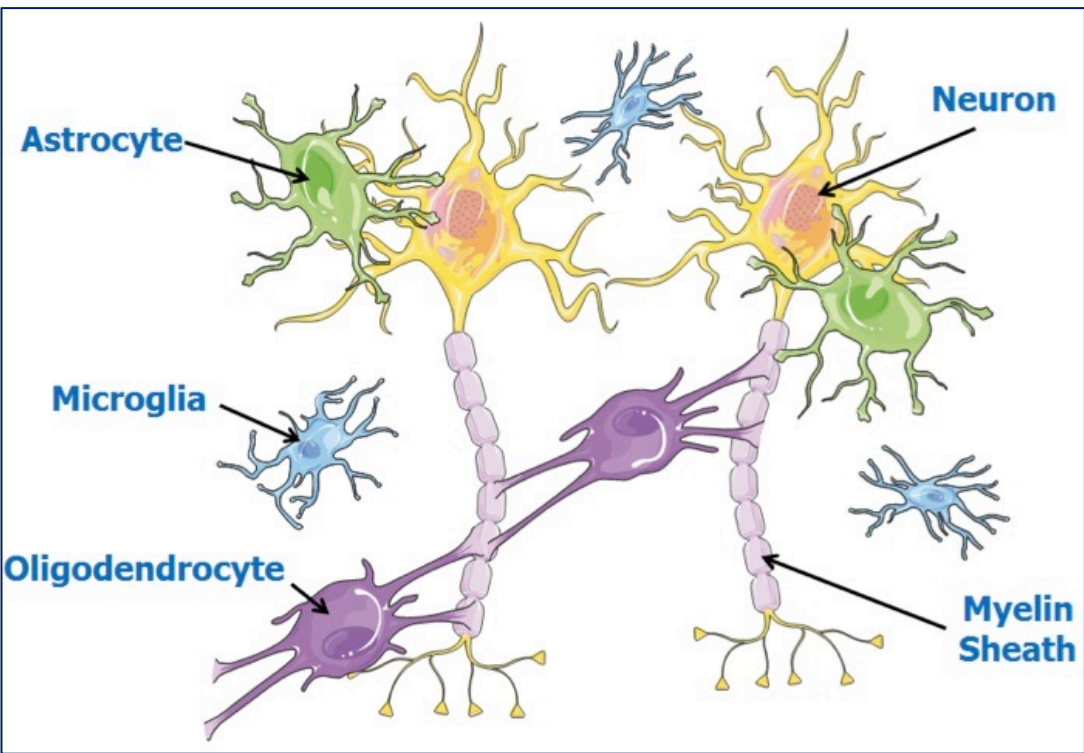
- Veteran questionnaires
- Rodent models

**Our approach**

- **Underlying cellular mechanisms**





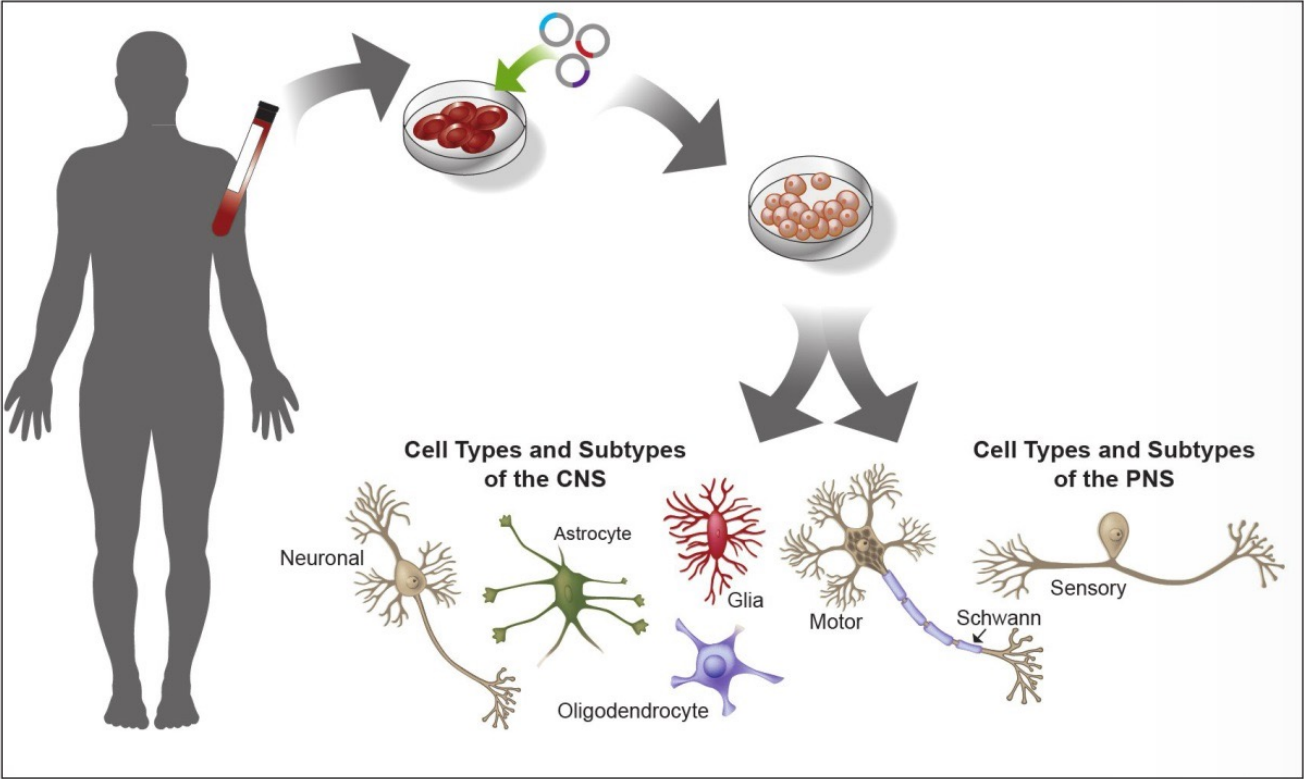


# Many cell types make up the brain. How do we study them?

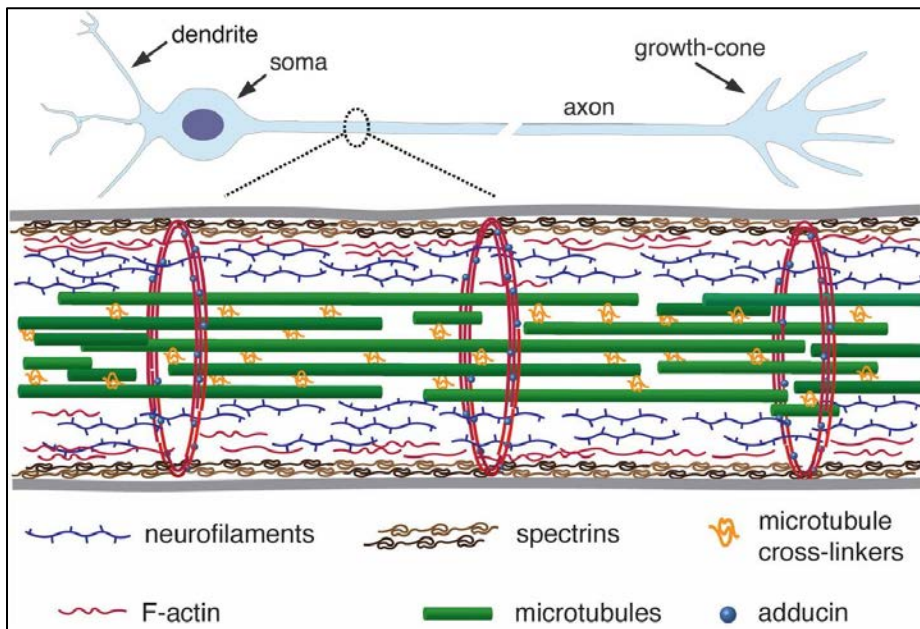
- Neurons transmit and receive information
- Immune Cells
- Other glial support cells, such as myelin-making cells
- **Any of these or all of these could contribute to GWI**

## Human Induced Pluripotent Stem Cell Technology

- From skin or blood of adult, stem cells are made in the lab. **We made them from blood cells of GWI veterans.**
- They can be differentiated in virtually any cell type of the body.
- They can be used to learn general principles but also “personalized” information from the individual donor.







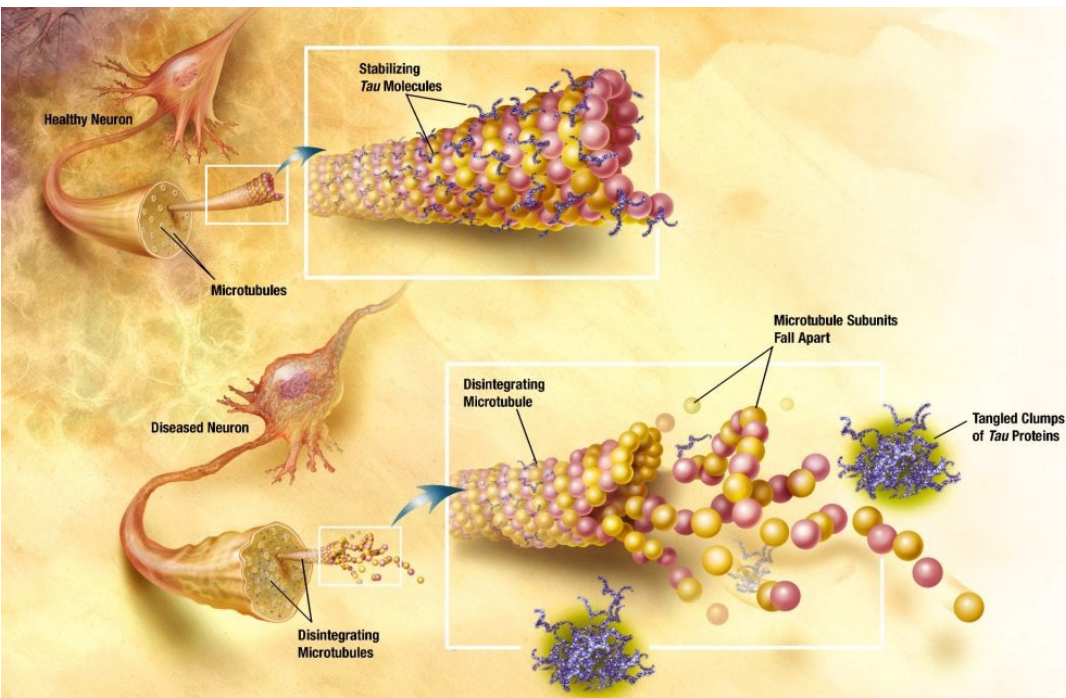
My approach: To treat GWI, we need to understand what's going wrong inside the cells

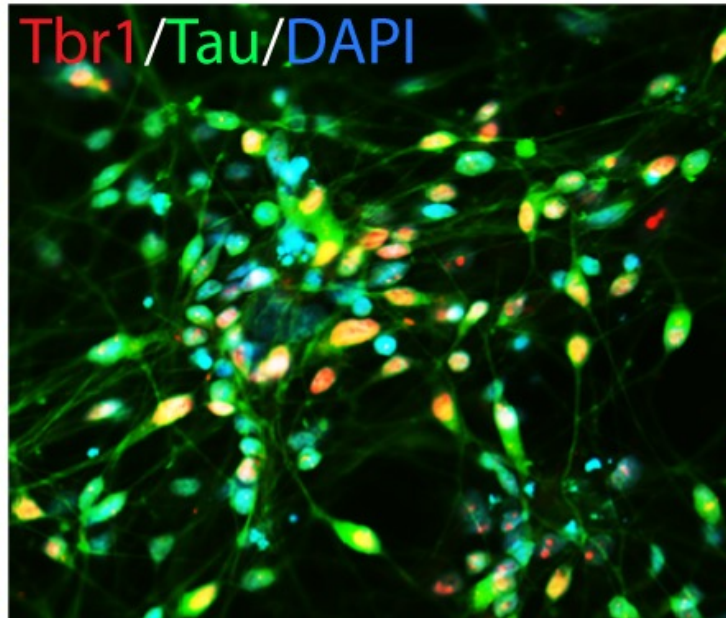
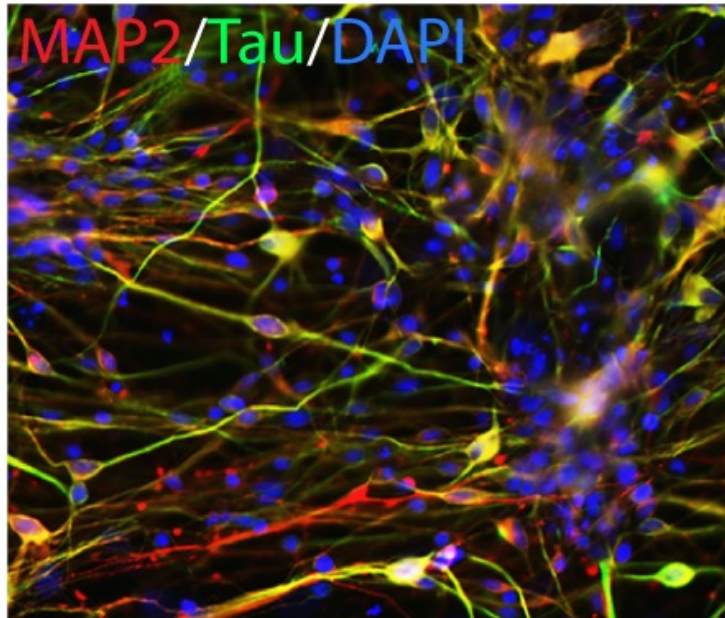
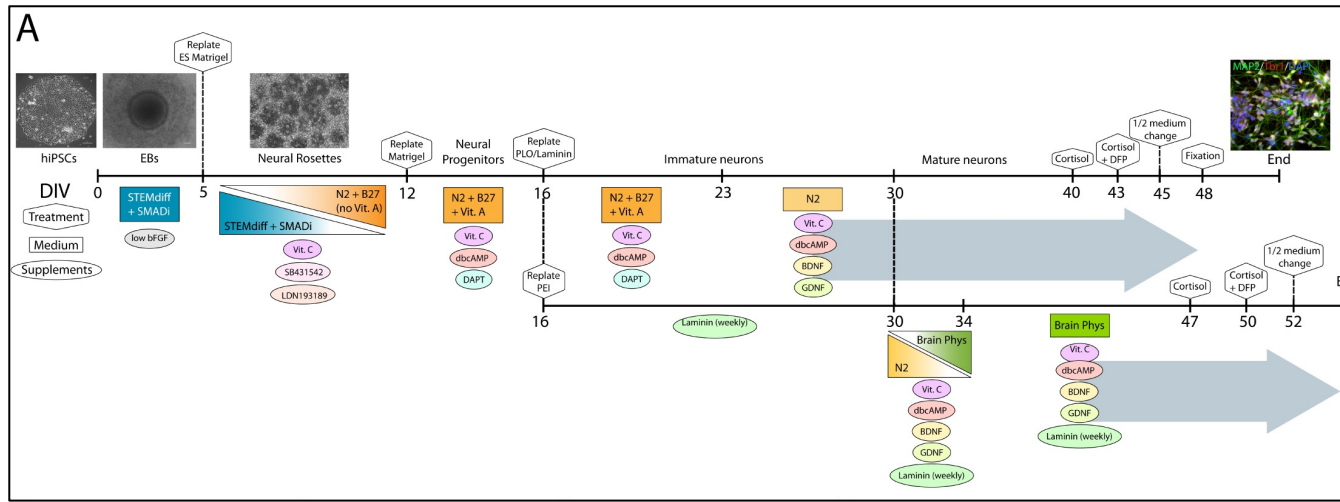
I mainly study **microtubules**, which are the principal structural elements and highways in all of the cell types of the brain but especially important for the long projections that connect neurons into network.

Many proteins associate with microtubules that could go awry in diseases but chief among them is **tau**, which goes awry in Alzheimer's disease and many neurodegenerative diseases

**Might microtubule defects and especially tau defects be at the heart of the central nervous system symptoms of GWI?**

**If so, can we fix the defects with available knowledge, tools, medicines and FDA-approved compounds?**



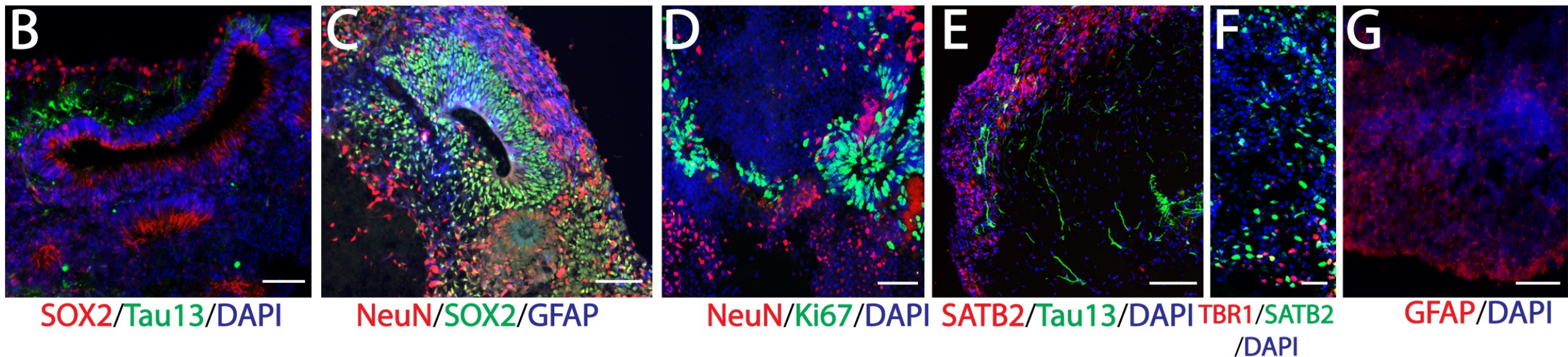
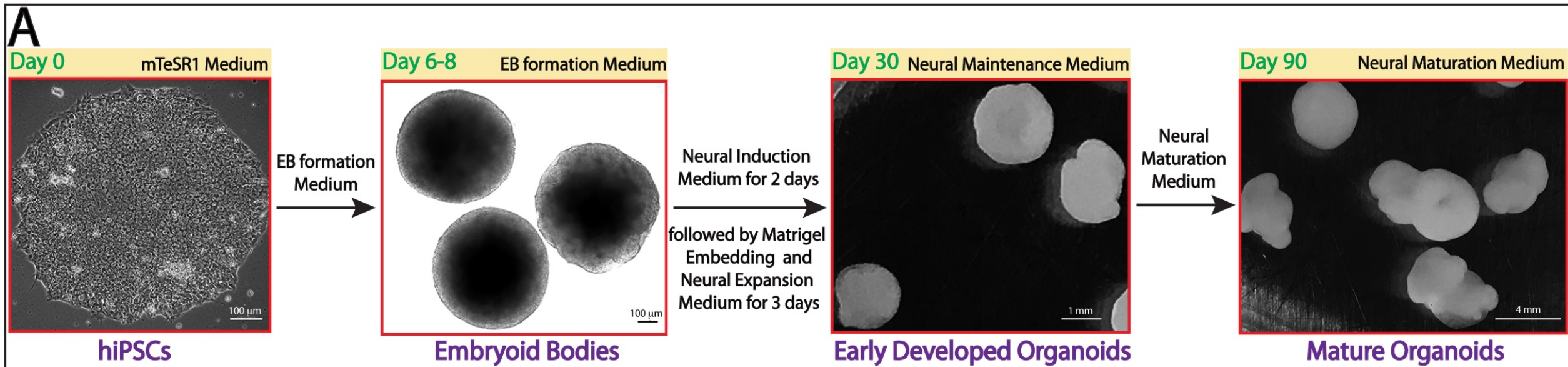


## What did we find?

- Microtubules are less acetylated
- Tau levels are higher
- Phosphorylation of tau is higher
- Greater indications of neuroinflammation
- Many other aspects of the neurons such as changes in their signal transduction rates and dopamine release that might explain the GWI symptoms
- Most of what we saw is worse in cells coming from Veterans with GWI compared to Veterans without GWI, suggesting potential predisposition of some soldiers for the disease.



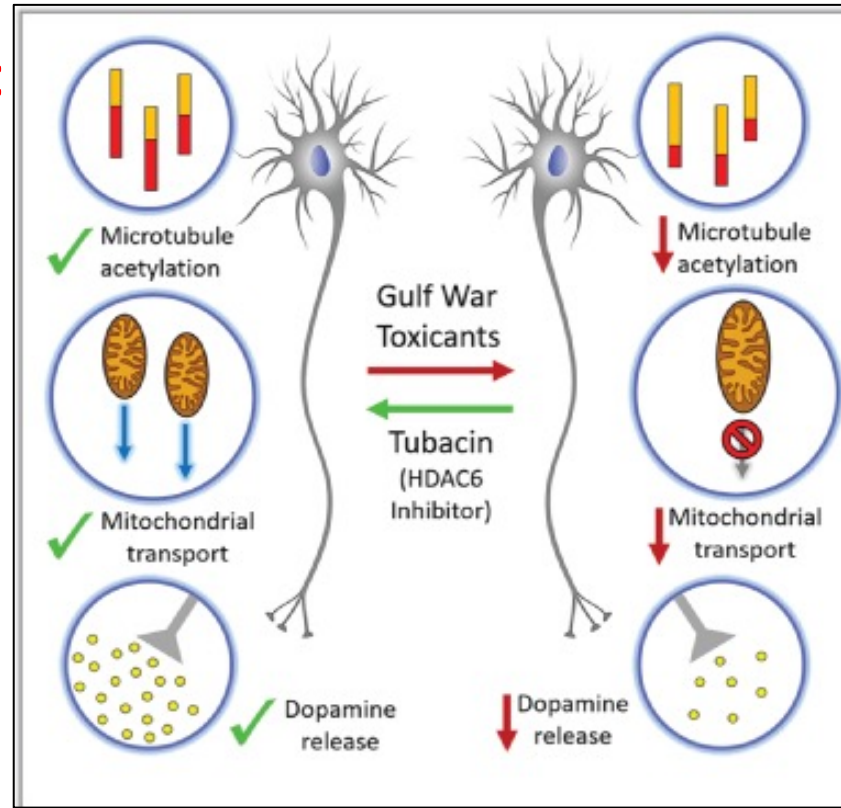
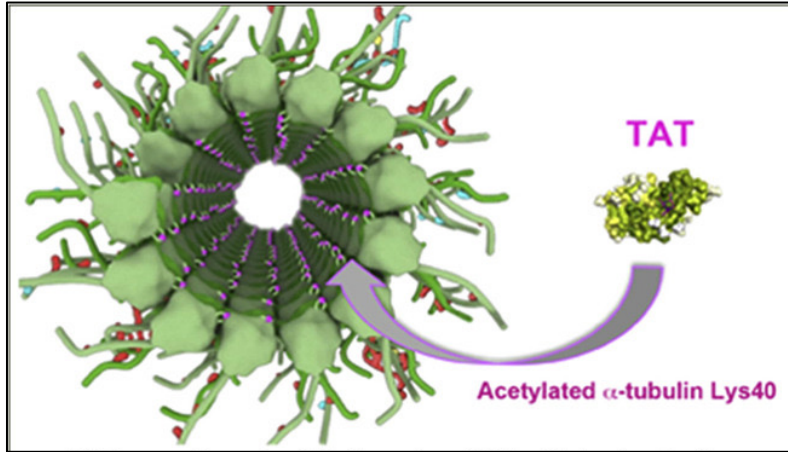
Newest Development - Now, we can make human “mini-brain organoids” from these cells





## Treatments for GWI are imminent

- Tubacin/Tubastatin
- Phosphatidylserine



Focus on FDA-approved drugs and food additives that can be rushed to the veterans, such as blending phosphatylserine or tau antisense with:

- CoQ10
- Curcumin
- Resveratrol

## Tau

- Blood levels are a biomarker for GWI
- Treatments may involve antisense oligonucleotides to bring down excess tau levels

Studies and treatments all based on **cellular mechanisms**



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# Nancy Klimas, MD

*Director, Institute for Neuro-Immune Medicine (INIM), Dr. Kiran C. Patel College of  
Osteopathic Medicine;*

*Professor and Chair, Department of Clinical Immunology; &*

*Assistant Dean for Research*

*Nova Southeastern University*

*Professor Emeritus, University of Miami School of Medicine*

*Director, Environmental Medicine Research & Clinical Program, Miami VA Medical Center*

*Director, Gulf War Illness Clinical Trials & Interventions Consortium (GWICTIC)*

Nancy Klimas, MD  
Director, Institute for Neuro Immune Medicine  
Nova Southeastern University  
and the Miami VAMC



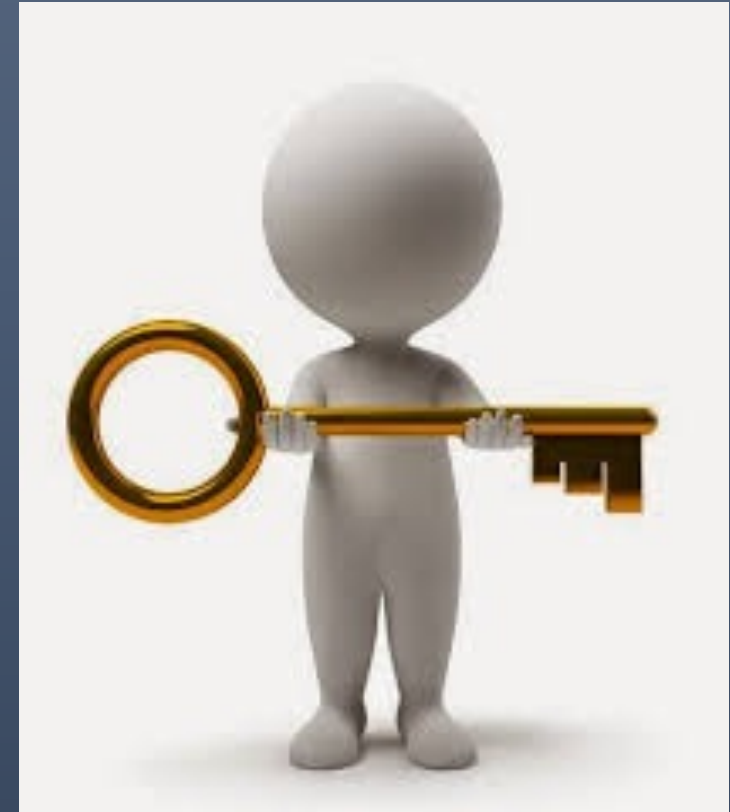


CDMRP Program getting results – a strategy to move  
basic science through to effective treatment  
Gulf War Illness Consortia (GWICs)  
Gulf War Illness Clinical Trials and Interventions  
Consortium (GWICTIC)



# Key Findings: GWICS

- Neuro-inflammation
- Mitochondrial dysfunction
- Immune dysfunction
- Autonomic dysfunction
- Metabolic dysfunction
- Homeostatic regulatory imbalance

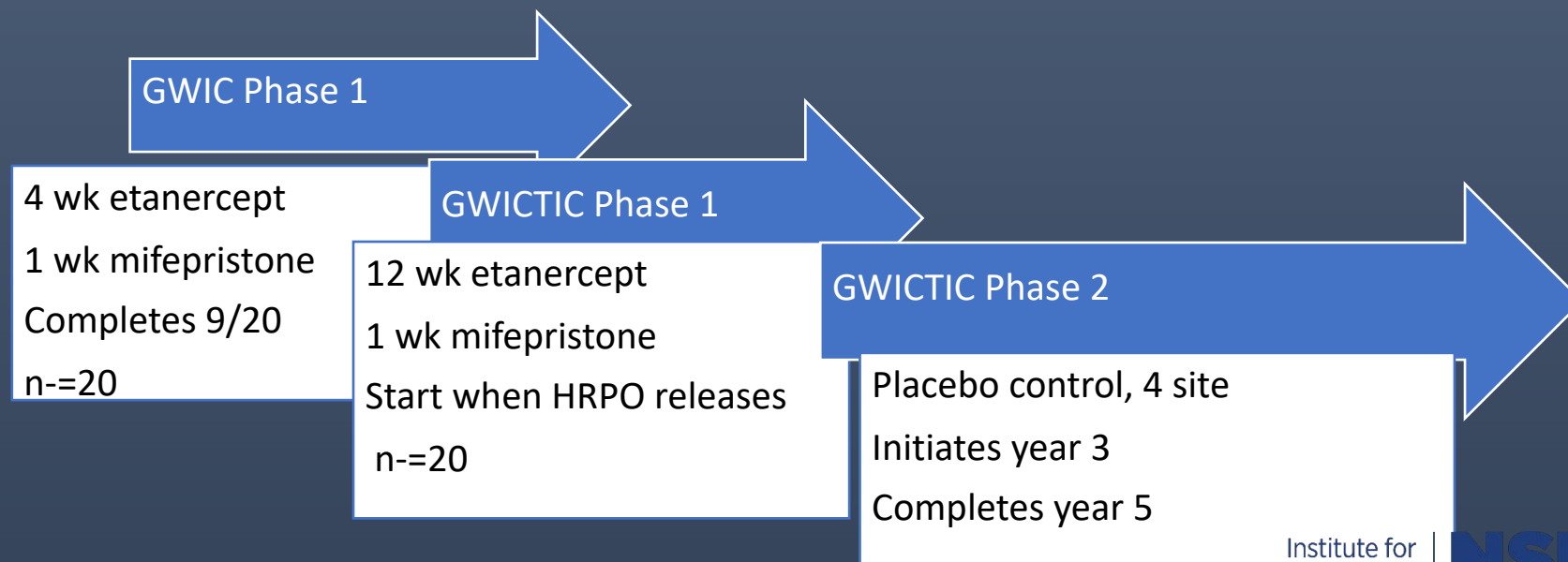


# Phase 1 and 2 studies of the “reboot” strategy



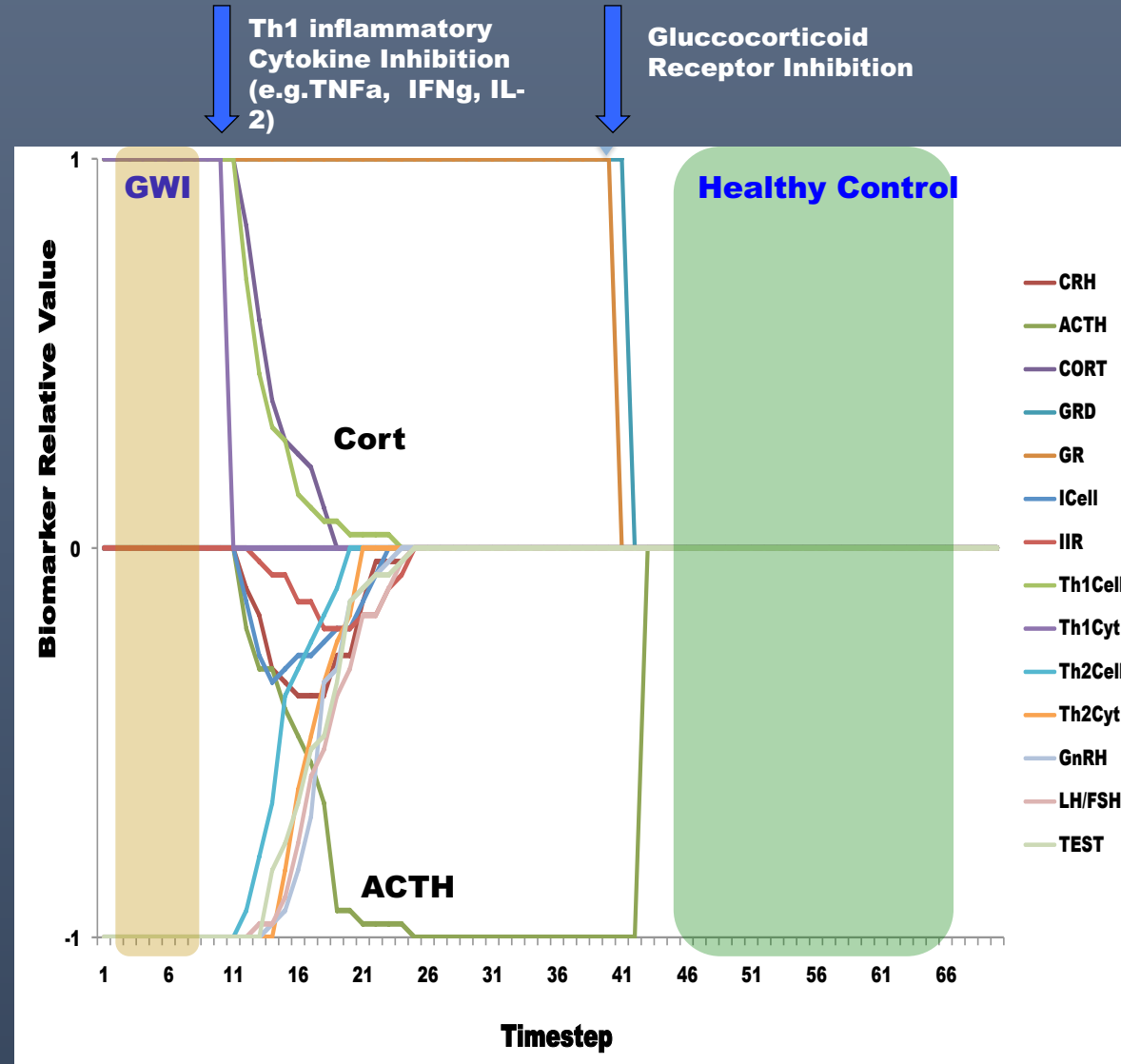
In order to reduce the administrative time anticipated in a Phase 1 to Phase 2 design, we compressed the two protocols, and submitted them to the internal review panel, the IRB and to HRPO (initially for prereview, then for final review).

The design requires a Phase 1 Phase of etanercept/mifepristone that will be compared to a shorter duration of treatment Phase 1 study currently underway. The results are analyzed and the more effective strategy moves forward to the Phase 2 placebo controls study. This final design will be re-reviewed by the external review panel, IRB, and HRPO, but we anticipate a quick process, as a simple amendment.





# BUILDING A GWI MODEL - CONTINUOUS LEARNING



Integrating basic science with clinical data... one-two endocrine-immune punch

# GWICTIC Anticipated Outcomes

- Based on our proposed studies with combinations of synergistic approaches such as etanercept/mifepristone and antioxidants/intranasal insulin in GWI as well as single agents with multiple mechanisms of action such as bacopa
- This consortium sets to provide the infrastructure needed to backbone additional studies in collaboration with the GWICTIC investigators and other clinical investigators.
- The phase 1 bridge from preclinical to translational human studies as well as an efficient multicenter program that can move promising studies on from phase 1 to phase 2 and 3 trials will be provided to the broader research community
- Currently support 7 clinical trials, with 13 additional studies submitted last Thursday for review



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# Beatrice Golomb, MD, PhD

*Professor of Medicine, University of California, San Diego School of Medicine*

*Director, Golomb Research Group*

*Former Scientific Director and Chief Scientist, Research Advisory Committee on Gulf War Veterans' Illnesses (RAC-GWVI), U.S. Department of Veterans Affairs*

*Author, RAND (for the Department of Defense), "A Review of the Scientific Literature As It Pertains to Gulf War Illnesses Volume 2: Pyridostigmine Bromide," and co-author of, "Vol. 8, Pesticides," and "Vol. 1, Infectious Diseases"*

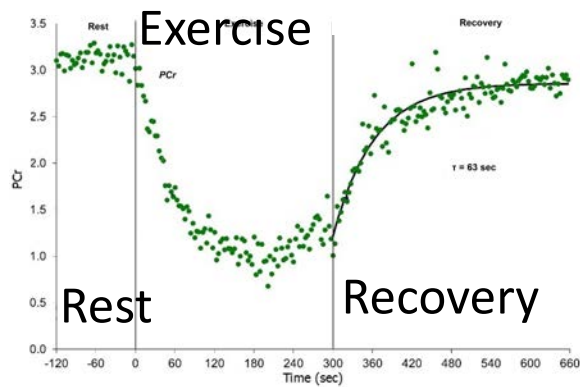


# **GWI-Specific Research Leads to Breakthroughs and Treatments.**

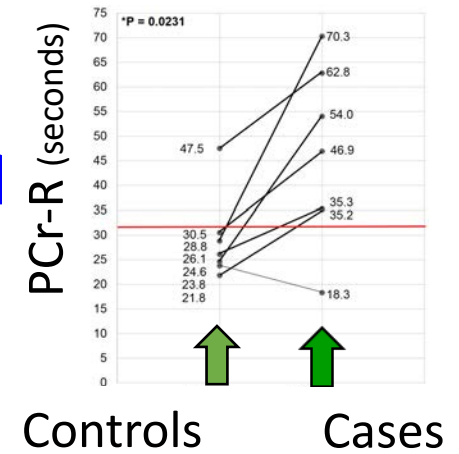
**Beatrice Alexandra Golomb, MD, PhD**

**UC San Diego School of Medicine**

**August 23, 2021**



# First evidence of mitochondrial impairment in GWI<sup>1-2</sup>



## Phosphocreatine recovery time (n=30)

Control	GW	P
Mean (SD)	Mean (SD)	
30 (8.7)	47 (17)	<b>0.001</b>

Phosphocreatine (PCr) = backup energy source for muscle.

Levels fall with exercise. Slowed recovery = index of slowed ATP production (mito impairment).

PCr-R = recovery time constant. *Longer = worse*.

**CDMRP GW120071**

1. Koslik HJ...Golomb BA. Mitochondrial dysfunction in Gulf War illness revealed by <sup>31</sup>phosphorus magnetic resonance spectroscopy: a case-control study. *PLoS ONE* 2014;9:e92887.
2. Fung A...Golomb BA. "Bioenergetics in Veterans with Gulf War Illness Versus Healthy Controls; Replication and Expansion." Gulf War Illness State of the Science Virtual Conference; 2020 August 19; Washington, D.C.

# Muscle biopsy: Mito impairment. Basis for symptoms in GWI<sup>1</sup>.

20/20 in predicted direction:  $p < 0.0001$  17/20 “borderline” significant:  $p < 0.0001$  11/20 frankly significant:  $p < 0.0001$

## Ciciiox: Relation to GWI symptoms (UCSD GWI symptom survey). N=32

Symptom	Ciciiox	P	Symptom	Ciciiox	P
Difficulty Remembering	<b>-0.45</b>	<b>0.010</b>	Irritability	<b>-0.36</b>	<b>0.044</b>
Dry Skin	<b>-0.44</b>	<b>0.011</b>	Muscle Pain	<b>-0.35</b>	<b>0.052</b>
Post-Exertion Fatigue	<b>-0.43</b>	<b>0.014</b>	Joint Pain	<b>-0.34</b>	<b>0.059</b>
Anxiety	<b>-0.43</b>	<b>0.015</b>	Aches/Pains	<b>-0.33</b>	<b>0.069</b>
Concentration Problems	<b>-0.41</b>	<b>0.019</b>	Impatience	<b>-0.33</b>	<b>0.069</b>
Headache	<b>-0.40</b>	<b>0.024</b>	Need to Recheck	<b>-0.33</b>	<b>0.063</b>
Reading difficulty	<b>-0.39</b>	<b>0.029</b>	Ringing in Ears	<b>-0.31</b>	<b>0.079</b>
Low Energy	<b>-0.37</b>	<b>0.036</b>	Tiredness	-0.26	0.16
Muscle Weakness	<b>-0.37</b>	<b>0.038</b>	Sleep Problems	-0.13	0.48
x Word/Name Recall	<b>-0.37</b>	<b>0.038</b>	Cold Limbs	-0.03	0.86

**Bolded** correlation coefficients reflect a p-value of  $< 0.1$

CDMRP GW140045

1. Fung A...**Golomb BA**. “Bioenergetics in Veterans with Gulf War Illness Versus Healthy Controls: Replication and Expansion.” Gulf War Illness State of the Science Virtual Conference; 2020 August 19; Washington, D.C.



# Mitochondrial genetics predict GWI severity<sup>1</sup>.

Mitochondria have separate DNA inherited only from the mother.

Mito genetic feature	$\beta^*$ (SE)	P
Mito haplogroup U	45.4 (13.0)	<b>0.001</b>
Mito DNA mutations	49.5 (12.6)	<b>&lt;0.001</b>

Adjusted for NAT2 g2863

\*# points added if feature is present (200 point severity scale)

CDMRP GW130106

1. Bui L...Golomb BA. "Nuclear and Mitochondrial Genetics Together Determine Gulf War Illness Severity and Symptom Profile." Gulf War Illness 2020 State of the Science Virtual Conference 2020;8/18/2020

# CoQ10 treatment targets mito function – improves GWI<sup>1</sup>.

Participants: 46 with GWI.

Intervention: CoQ10 100 mg per day x 3.5 mos (vs placebo).

Led to:

Improved general health (men):  $p=0.04$ .

Improved symptoms: 19/20 direction favors CoQ10 ( $p<0.0001$ ).

Many individual symptoms significantly better.

Improved function: >80% improved on CoQ10 (vs 40% on placebo):  
 $p=0.025$ .

Change in CoQ10 blood levels significantly predicted improvement.

Mitochondrial cocktail trial now underway!

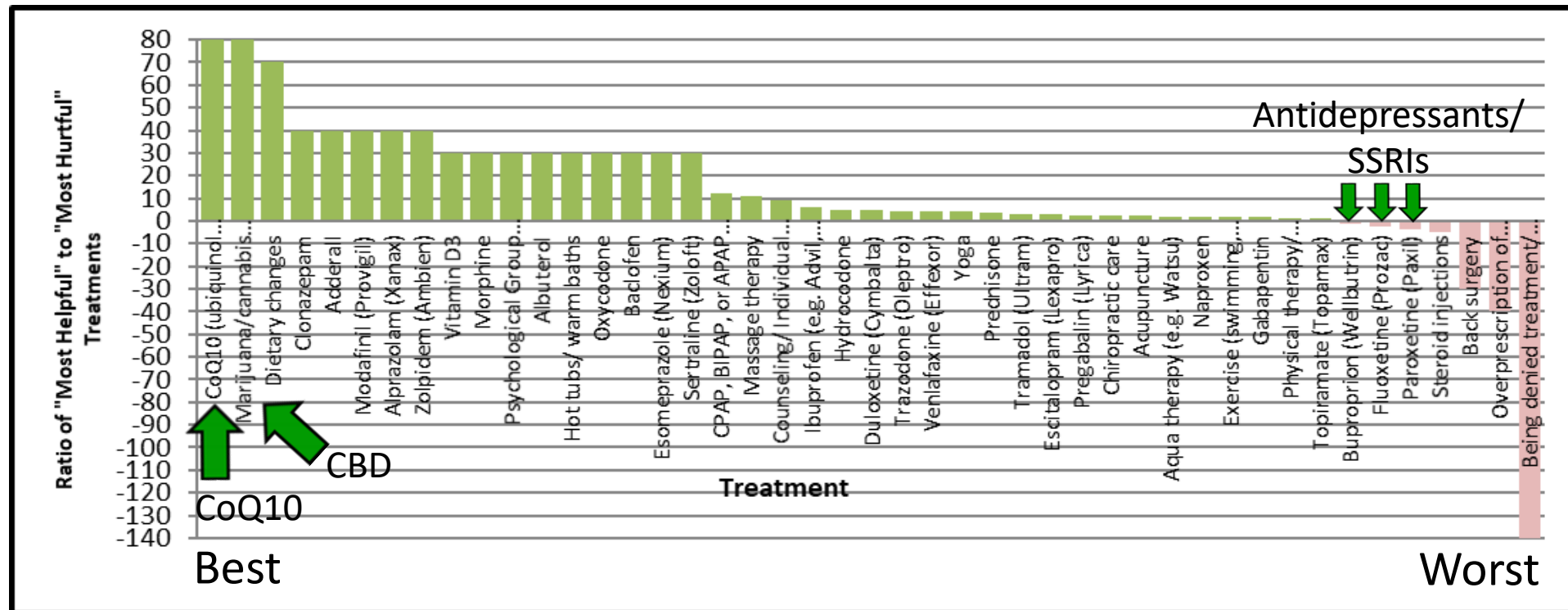
CDMRP GW060036

1. Golomb BA. Coenzyme Q10 benefits symptoms in Gulf War veterans: results of a randomized double-blind study. *Neural Comput* 26:2594-651

# Harvest treatment experience of GWV to identify best treatments to test.

Number who cited treatment as the best of all treatments tried, divided by number who cited it as the worst.

Discounts benefits based on harms (n≈400).



Identifies promising new treatment for testing, that addresses multiple mechanisms relevant to GWI.

None of this is possible without GWIRP!

CDMRP GW110065



# To Recap:

**GWI-specific research leads to breakthroughs and treatments.**

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**GULF WAR ILLNESS**



# Fiona Crawford, PhD

*President & Chief Executive Officer, The Roskamp Institute*

*Research Career Scientist, James A. Haley Veterans' Hospital,  
U.S. Department of Veterans Affairs*

*Chief Operating Officer, Archer Pharmaceuticals*

# Roskamp Institute

## Gulf War Illness Research Program



Fiona Crawford, Ph.D.  
President and CEO, Roskamp Institute  
Sarasota, Florida

Capitol Briefing  
August 2021





# Institute Research

- ❑ Focus on neurological and neuropsychiatric disorders
  - ❑ Alzheimer's Disease - our AD research has provided us with a Roadmap for Clinical Translation
  - ❑ Gulf War Illness
  - ❑ Traumatic Brain Injury
  - ❑ Post-traumatic Stress Disorder
  - ❑ Red Tide Exposure (Harmful Algal Bloom)
- ❑ Identification of novel treatments and diagnostics

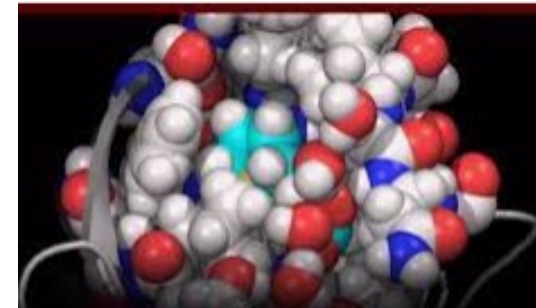
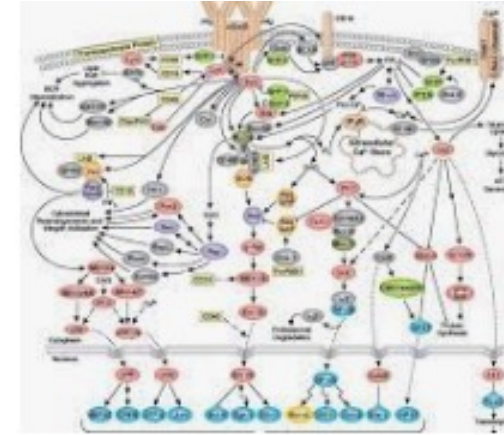
# Approach



**Patient  
population**



**Development and  
characterization of  
in vitro and in vivo  
models**



**Identification of  
pathogenic mechanisms  
and molecular targets for  
drug development**



**Clinical trials of  
new, effective  
therapeutics**

# Pathology







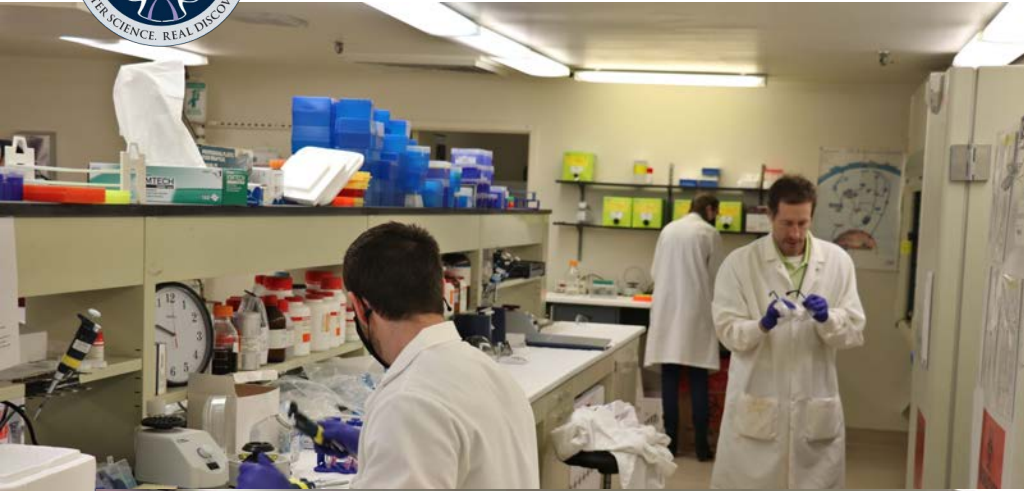
# Genome/Microbiome







# Cell and Molecular Biology







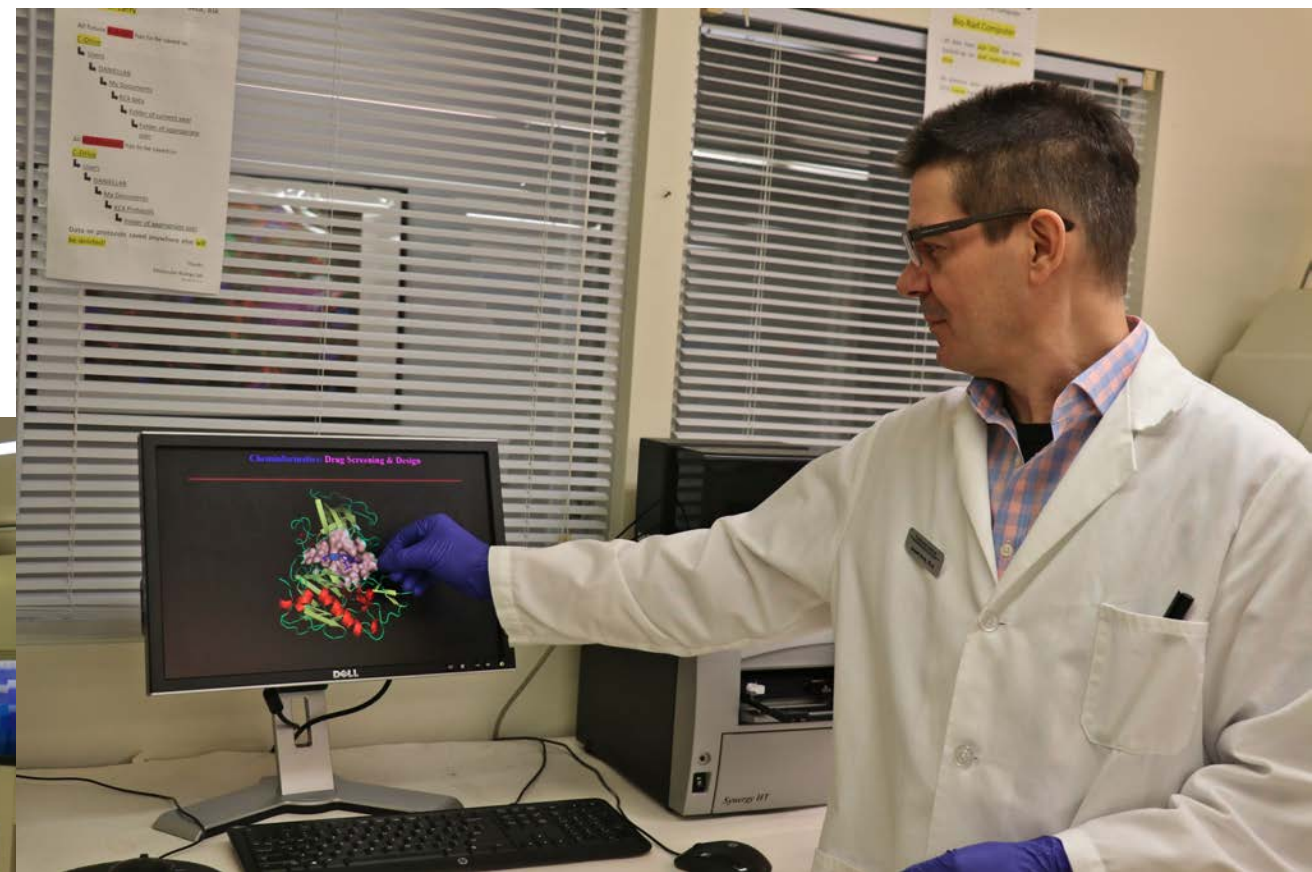
# Mass Spectrometry – lipidomics, proteomics, metabolomics







# Drug Discovery







# Chemistry





# Key Cellular Mechanisms in the Pathobiology of GWI

## ◆ Mechanisms

- Lipid dysregulation
- Mitochondrial dysfunction
- Immune/inflammatory disturbances

## ◆ Biomarkers

- Lipid profiles





# New Treatments being tested in our Clinic

**OEA** (oleoylethanolamide)

targeting lipid dysregulation

**Clinical Trial in GWI patients underway**

**NR** (nicotinamide riboside)

targeting mitochondrial dysfunction

**Clinical Trial starting later this year**

collaboration between the Roskamp Clinic and Dr. Klimas

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# Closing Comments

**Anthony Hardie**

*National Chair & Director*  
Veterans for Common Sense



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# GWIRP-Funded Gulf War Illness Clinical Trial & Research Study Opportunities from our Presenters:



Gulf War Illness Clinical Trials & Interventions Consortium (**GWICTIC**)  
(Multiple U.S. sites): [www.nova.edu/nim/GWICTIC](http://www.nova.edu/nim/GWICTIC)



Boston Biorepository, Recruitment & Integrated Network for GWI  
(**BBRAIN**) (Boston & multiple U.S. sites): <https://sites.bu.edu/bbrain>



**Golomb Research Group** (San Diego & Nationwide):  
[www.golombresearchgroup.org/ParticipateInOurResearch](http://www.golombresearchgroup.org/ParticipateInOurResearch)



**The Roskamp Institute** (Sarasota, FL): [www.RoskampInstitute.org](http://www.RoskampInstitute.org)



NSU Florida, Institute for Neuro-Immune Medicine (INIM) (South Florida): [nova.edu/nim/research-studies/research-studies.html](http://nova.edu/nim/research-studies/research-studies.html)



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# Q&A Opportunity *with the* Presenters

You may email additional questions for the presenters to: [info@VeteransForCommonSense.org](mailto:info@VeteransForCommonSense.org)



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Today's recording will be available at:

- Veterans for Common Sense webpage &
- Institute for Neuro-Immune Medicine



**Thank you** to our distinguished  
speakers and co-hosts!



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